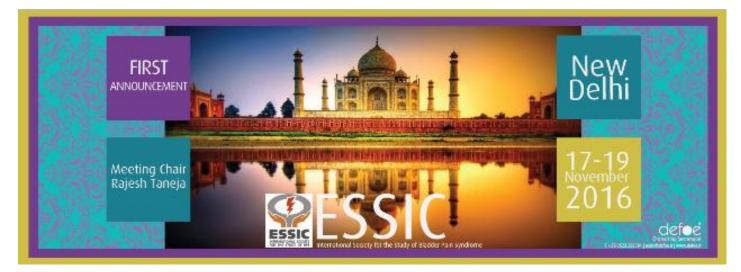


ESSIC Annual Meeting 2016

November 17-19, 2016 Four Points by Sheraton New Delhi, Airport Highway Meeting Chair: Rajesh Taneja



ESSIC EXECUTIVE COMMITTEE

Jean-Jacques Wyndaele, President (Antwerp, Belgium) Mauro Cervigni, Vice President (Rome, Italy) Joop P van de Merwe, Secretary |Treasurer (Rotterdam, the Netherlands) Jørgen Nordling, Member, (Copenhagen, Denmark) Philip Hanno, Member (Philadelphia, USA) Magnus Fall, Member (Göteborg, Sweden)



Dear Friends and Colleagues,

You are warmly invited to attend the important ESSIC meeting in New Delhi this year.

ESSIC "the international society for Bladder Pain syndrome /Interstitial cystitis "has a long tradition of excellent research, education and promotion of the condition.

The ESSIC meetings are a must for all those specifically involved in this pathological entity. The wealth of information the participants get, the possibility of networking, the friendly atmosphere and open discussions leave

no one untouched. New Delhi is a far trip for participants of parts of the world but you van be sure that Dr Taneja and our PCO Defoe will make it worthwile.

Hope to see you there

J.J. Wyndaele ESSIC President



Dear Friends,

It is my proud privilege to invite you for the annual meeting of ESSIC, to be held in New Delhi, India between 17-19 November 2016. Bladder pain syndrome, erstwhile known as Interstitial Cystitis, has been considered an elusive disease, with varying definitions to diverse clinical presentations. Delhi is equally diverse in its cultural and historical heritage. The annual meeting would be conducted in comfortable ambience and would include one and a half day of deliberations by experts from all over the world. The following day would be a workshop for the clinicians, who intend to sensitize themselves with the basics of clinical approach to patients of BPS/IC, as

presented by the stalwarts from the globe. I am sure this meeting is going to be a scientific bonanza for the experts as well as the beginners alike.

Looking forward to welcoming you all to the pleasant weather of November in New Delhi.

Dr Rajesh Taneja ESSIC 2016 Meeting Chair

SCIENTIFIC PROGRAMME

THURSDAY, NOVEMBER 17th, 2016

13.30	Registration	
14.00	Welcome and Introduction:	R. Taneja, ESSIC 2016 Meeting Chair
		J.J. Wyndaele, ESSIC President

14.15-15.45 1st SESSION | Current Understanding of Etiopathogensis of BPS

Moderators: D. Shoskes, J. C. Nickel, M. Cervigni

14.15	Current scenario of multifactorial origin hypothesis	D. Shoskes	15'
14.30	Role of stress – Potentiation /Initiation	J. C. Nickel	15'
14.45	Current epidemiology – are we convinced with our reporting strategies?	M. Cervigni	15'
15.00	Impact of etiopathogenesis on planning management of a given case	S. Priyadarshi	15′
15.15	Discussion		30′

15.45 - 16.15 TEA BREAK

16.15-17.45 2nd SESSION | Laboratory markers of the disease: Current and future

Moderators: P. Hanno

16.15	Feasibility of Screening tests for epithelial permeability	P. Hanno	15′
16.30	Correlation of lab markers with symptom complex	A. Jain	15′
16.45	Role of lab markers in diagnosis and follow-up	U. Mete	15′
17.00	Future of BPS: Will it remain a diagnosis of exclusion?	J.P. Van de Merwe	15′
17.15	Discussion		30′

19.00 - 21.30 WELCOME DINNER

FRIDAY, NOVEMBER 18th, 2015

09.00-10.30 3rd SESSION | Clinical phenotyping, How feasible is it? Moderators: D. Shoskes, J. C. Nickel, J. Nordling, J.P. Van De Merwe Introduction and Classifications based on clinical phenotyping J.P. Van de Merwe 09.00 15' Validation of biomarkers to identify clinical phenotypes D. Shoskes 09.15 15' 09.30 Management strategy based on clinical phenotyping J. C. Nickel 15' 09.45 Proposed Protocol for a future multi centric clinical study J. Nordling 15' Discussion 10.00 30'

10.30 - 11.00 TEA BREAK

11.00-12.30 4th SESSION | Pharmacologic aspects of treatment of BPS

Moderators: J.J. Wyndaele

11.00	Oral PPS: The current understanding	S. Pandey	15'
11.15	NON PPS oral agents	C. Riedl	15'
11.30	Intra vesical agents	J.J. Wyndaele	15'
11.45	Future trends in Pharmacological management of BPS?	A. Van Ophoven	15'
12.00	Discussion		30′

12.30 – 13.30 LUNCH

13.30-15.00 5th SESSION | Non pharmacological aspects of treatment of BPS Moderators: **R. Moldwin**

13.30	Why do treatments fail	R. Taneja	15′
13.45	Role of diet	R. Moldwin	15'
14.00	Current status of neuromodulation	Apul Goel	15'
14.15	Role of Physical Rehabilitation in treatment of BPS	N. Purohit	15′
14.30	Discussion		30′

15.00 – 15.30 TEA BREAK

15.30-17.30 6 th SESSION Podium presentation	

19.30 Social Dinner

SATURDAY, NOVEMBER 19th, 2016

09.00	Registration for Workshop	
09.15	Welcome address	J.J. Wyndaele

09.30-11.00 1st WORKSHOP SESSION | Etiopathogensis of the subject

09.30-11.00 PARALLEL WORKSHOP SESSION (for patients)

11.00 – 11.30 TEA BREAK

11.30-13.00 2nd WORKSHOP SESSION | Investigations in a case of suspected BPS

11.30-13.00 PARALLEL WORKSHOP SESSION (Physiotherapy and rehabilitation)

13.00 – 14.00 LUNCH

14.00-15.30 3rd WORKSHOP SESSION | Diagnosis of BPS

15.30 – 16.00 TEA BREAK

16.00-17.30 4th WORKSHOP SESSION | Clinical approach to a suspected case of BPS

FREE EVENING

FACULTY

Mauro Cervigni, Gynaecologist, Rome Magnus Fall, Urologist, Gothenburg Apul Goel Philip Hanno, Urologist, Philadelphia Amita Jain Christina Kåbjörn-Gustafsson, Citologist, Gothenburg Yr Logadottir, Urologist, Gothenburg Jane Meijlink, Painful Bladder Foundation, Rotterdam Uttam Mete Robert Moldwin, Urologist, New York J. Curtis Nickel, Urologist, Kingston (ON)

Jørgen Nordling, Urologist, Copenhagen Sanjay Pandey Shivam Priyadarshi Navita Purohit Claus Riedl, Urologist, Austria Daniel Shoskes, Urologist, Cleveland Rajesh Taneja, Gynaecologist, New Delhi Joop P. van De Merwe, Urologist, Rotterdam Arndt van Ophoven, Urologist, Herne Kristene Whitmore, Urologist, Philadelphia Jean Jacques Wyndaele, Urologist, Antwerp

VENUE

Four Points by Sheraton New Delhi, Airport Highway Address: Plot No 9, National Highway 8, Delhi - Gurgaon Road, Samalka, New Delhi, Delhi 110037, India

UEMS CME | TOTAL HOURS: 15 h 30 min

UEMS Credits: To be assigned

This course is accredited for 250 participants.

Credits applications available for Physicians, Gynecologists, Urologists, Surgeons, Neurologists, Gastroenterologists, Anesthetists, Nurses and Obstetrics interested in the management of BPS.

SPONSORS & EXHIBITORS

Companies interested in sponsoring or exhibiting at the event are invited to contact the organizing secretariat.

REGISTRATION

Send registration form to the organizing secretariat together with the receipt of payment, made before 15 October 2016. After this date, registration will still be possible during the event, until reaching the maximum number of participants.

REGISTRATION COSTS	Until 15 October	After 15 October
MD, MhD	€ 200,00*	€ 300,00*
MD, MhD (ESSIC Members)	€ 150,00*	€ 250,00*
Nurse & Care Workers	€ 100,00*	€ 200,00*
Students & Residents	€ 50,00*	€ 50,00*
Patients	€ 50,00*	€ 50,00*

* Fee is meant for each person, in Euros, VAT free. The registration fee includes: certificate of attendance, CME related forms, coffee breaks and lunch, free entrance to the exhibition area. For group registration please contact the Organizing Secretariat in order to take advantage of registration package.

HOTEL

For hotel reservations please contact the organizing secretariat

ORGANIZING SECRETARIAT AND CME PROVIDER

defee Tel.: +39.0523.338391 – Fax: +39.0523.1860018 <u>essic@defoe.it</u> – <u>www.defoe.it</u>