



**ESSIC**  
INTERNATIONAL SOCIETY  
FOR THE STUDY OF BPS



**CONVERGENCES PP**  
CONVERGENCES IN PELVIPERINEAL PAIN  
CONVERGENCES EN DOULEUR PELVI PÉRINÉALE  
CONVERGENCES NEL DOLORE PELVICO PERINEALE

# ESSIC-CONVPP

JOINT MEETING

**23-25 OCT 2025**

MEETING CHAIRS:  
MAURO CERVIGNI, ERIC BAUTRANT

# MILAN ITALY

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### Welcome message from the Meeting Chairs

Dear Colleagues,

It is with great pride and enthusiasm that we welcome you to the ESSIC – Convergences PP Joint Meeting 2025, to be held in the vibrant city of Milan, October 23–25, 2025.

As Presidents of the congress and representatives of leading scientific societies in the field, we are honored to host this exceptional gathering dedicated to one of the most challenging and multidisciplinary areas of medicine: Interstitial Cystitis/Bladder Pain Syndrome (IC/BPS) and Chronic Pelvic Pain (CPP).

This congress represents a landmark event—a unique opportunity to bring together clinicians, researchers, and healthcare professionals from across the globe to share insights, present groundbreaking research, and shape the future of IC/BPS and Pelviperineal pain management. With a programme designed to bridge specialties and foster collaboration, this is truly an event that no one with an interest in this field can afford to miss.

Across three dynamic days, participants will have the chance to attend state-of-the-art lectures, expert panel discussions, live clinical case sessions, and interactive workshops.

Set in Milan, a city known for its rich history, cultural energy, and medical excellence, this congress also offers the perfect setting for networking, exchange of ideas, and building long-term collaborations.

We look forward to welcoming you in October 2025 and to advancing, together, the science and care of patients living with pelvic pain.

Mauro Cervigni - Eric Bautrant

Thursday, October 23rd

**10.30 – 11.20 | Registration**

**11.20 – 11.30 | Introduction**

A. Levesque, E. Bautrant, M. Cervigni, P. Hanno

**11.30 – 11.40 | Tribute to the Fathers of Pain Research | ECM**

JJ. Wyndaele

**11.40 – 13.10 | JOINT SESSION: PELVIC VISCERAL PAIN AND SENSITIZATION | ECM**

Moderators: A. Levesque, A. Carbone

|       |                                                            |               |
|-------|------------------------------------------------------------|---------------|
| 11.40 | From Rectal Dysfunction to Rectal Chronic Pain             | M. Beer Gabel |
| 11.55 | From Bladder Pain Syndrome to central sensitization        | T. Tarcan     |
| 12.10 | From Dysmenorrhea to Uterine Dysfunction and Sensitization | E. Bautrant   |
| 12.25 | From Pelvic Sensitization to the Convergences PP score     | A. Levesque   |
| 12.40 | Peripheral Pain Mechanisms                                 | J.J. Wyndaele |
| 12.55 | Discussion                                                 |               |

**13.10 – 14.10 | Break**

**14.10 – 15.40 | ESSIC SESSION – Basic Science**

Moderators: R. Moldwin, A. Pastore

|       |                                                                         |                |
|-------|-------------------------------------------------------------------------|----------------|
| 14.10 | Mast Cell Dysfunction: Local and Peripheral Roles in IC/BPS             | T. Theoharides |
| 14.30 | Gene Expression in IC/BPS                                               | Y. Akiyama     |
| 14.45 | Ketamine Cystitis and Radiation Cystitis: Pathophysiological Mechanisms | D. Janssen     |
| 15.00 | <b>Keynote Lecture:</b> Regenerative Medicine in IC BPS                 | M. Cervigni    |
| 15.20 | Discussion                                                              |                |

**15.40-16.10 | Coffee Break**

**16.10 – 17.40 | CONV PP SESSION: CHRONIC POST-OP PAIN**

Moderators: E. Bautrant, P. Richebé

|       |                                                                                                                |             |
|-------|----------------------------------------------------------------------------------------------------------------|-------------|
| 16.10 | Surgery-Induced Pain Sensitization: Mechanisms, Research Findings and Clinical Applications                    | C. Rivat    |
| 16.30 | Keynote Lecture: How to Select Patients at Risk. Prevention and Treatment of the Chronic Post-Op Pain Syndrome | P. Richebé  |
| 16.50 | Chronic Post-Op Pain after Prolapse and Incontinence Surgeries: Results of the Vigimesh Survey                 | E. Bautrant |
| 17.05 | Surgery-Induced Pain Sensitization: A new approach for Surgeons                                                | S. Ploteau  |
| 17.20 | Discussion                                                                                                     |             |

**17.40 – 18.40 | Abstract Session 1**

Moderators: N. Mishra, S. Ploteau

- 1 Assessing the Role of Urodynamic Studies in Bladder Pain Syndrome/Interstitial Cystitis: Insights from a Retrospective Cohort at a Regional Referral Centre  
*Torelli Fabrizio, Fantini Gemma Viola, Nedbal Carlotta, Tramanzoli Pietro, Galosi Andrea Benedetto, Gregori Andrea*
- 2 Myofascial Pelvic Pain and Other Comorbidities in Patients with Endometriosis  
*Valdes-Bango Curell Marta, Quintas Marques Lara, Box Carla, Gracia Meritxell, Rius Mariona, Carmona Francisco, Martinez Zamora Maria Angeles*
- 3 Assessing characteristics that determine a favorable response to intravesical anesthetics in the treatment of interstitial cystitis/bladder pain syndrome  
*Tran Derek, Moldwin Robert*
- 4 Management of Hunner-type Interstitial Cystitis in the Absence of National Guidelines: A Survey of Russian Urologists  
*Karasev Aleksandr, Plekhanova Olga, Nomovir Timur, Kasyan George, Pushkar Dmitry*
- 5 Ultrasound-Guided Nerve Blocks for Neuropathic Pelvic Pain After Inguinal Hernioplasty: A Case Report and Rehabilitation Perspective  
*Paba Ana Belen, Cantador Hornero Marta, Luna Francisco*
- 6 Intravesical Hyaluronic Acid vs Amitriptyline for Bladder Compliance in IC/BPS  
*Tsionga Aikaterini, Antoniadis Georgios, Samarinas Michael*
- 7 Surgical Outcomes in Patients with Ketamine-Induced Uropathy: An Explorative Prospective Cohort Study  
*Dewez Jill, Moris Lisa, Voets Thomas, Van der Aa Frank, Everaerts Wouter*

Friday, October 24th

#### 08.15 – 10.45 | ESSIC WORKSHOPS

##### 08.15-09.30 | WS 1 - How I do it

**Coordinators:** R. Moldwin, V. Li Marzi

|       |                                            |             |
|-------|--------------------------------------------|-------------|
| 08.15 | Cysto-hydrodistension                      | M. Cervigni |
| 08.30 | Painless Office Cystoscopy                 | R. Moldwin  |
| 08.45 | Bladder Fulguration                        | H. Lai      |
| 09.00 | Botulinum Toxin Injection for Bladder Pain | C. Riedl    |
| 09.15 | Discussion                                 |             |

##### 09.30-10.45 | WS 2 - Guidelines in BPS

**Coordinators:** M. Cervigni, S. Malde

|       |                |              |
|-------|----------------|--------------|
| 09.30 | Introduction   | M. Cervigni  |
| 09.35 | Rationale      | S. Malde     |
| 09.55 | Diagnostic     | Y. Akiyama   |
| 10.05 | Hystopathology | K. Lako      |
| 10.15 | Treatment 1    | M. Samarinas |
| 10.25 | Treatment 2    | D. Janssen   |
| 10.35 | Discussion     |              |

#### 08.15 – 10.45 | CONVPP WORKSHOPS

##### 08.15-09.30 | WS 1 - Guidelines in Chronic Pelvic Pain and Endometriosis

**Chair:** A. Levesque, L. Quintas Marquez

|       |                                                            |                    |
|-------|------------------------------------------------------------|--------------------|
| 08.15 | Guidelines and recommendations                             | A. Levesque        |
| 08.35 | Pain evaluation vs endometriosis lesion                    | A. Levesque        |
| 08.55 | Hormonal treatment and its role in the control of the pain | L. Quintas Marquez |
| 09.15 | Discussion                                                 |                    |

##### 09.30-10.45 | WS 2 - Pain and endometriosis: Clinical situations

**Chair:** O. Porta, K. Nyangoh

|       |                     |             |
|-------|---------------------|-------------|
| 09.30 | Comorbidities       | O. Porta    |
| 09.50 | Physiotherapy       | A.F. Planté |
| 10.10 | Surgical procedures | K. Nyangoh  |
| 10.30 | Discussion          |             |

#### 10.45 – 11.15 | Coffee Break

#### 11.15 – 12.30 | JOINT SESSION: BOTULINUM TOXIN IN CPP | ECM

**Moderators:** S. Ploteau, C. De Nunzio

|       |                                                       |               |
|-------|-------------------------------------------------------|---------------|
| 11.15 | Pain and Botulinum Toxin                              | F. Jedryka    |
| 11.30 | Botulinum Toxin injections in CPP and Endometriosis   | E. Baurant    |
| 11.45 | Botulinum toxin injection in Urethral pain and IC/BPS | R. Pinto      |
| 12.00 | Botulinum toxin injection in Hypertonic Pelvic Floor  | G. Del Popolo |
| 12.15 | Discussion                                            |               |

#### 12.30 – 13.20 | Abstract Gold

**Moderators:** K. Whitmore, C. Riedl

- 9 Corneal confocal microscopy as a marker of small fiber neuropathy in patients with chronic pelvic pain syndrome: stability of changes with treatment  
*Krotova Natalia, Malinina Olga, Loktev Artem, Sizova Maria*
- 10 Managing Sexual Health in Women with Bladder Pain Syndrome: Review of Guidelines  
*Enaux Jennifer, Vitorio Kaiser Adergicia, Kobleder Andrea, Knecht Christiane*
- 11 Validation of a Severity Classification System for Hunner-type Interstitial Cystitis  
*Niimi Aya, Homma Yukio, Akiyama Yoshiyuki*
- 12 Vulvar Vestibule Radiofrequency And Electroporation Ameliorates Vulvar Symptoms In Women With Vulvodynia  
*Azzalini Stefania, Dell'Anna Tiziana, Sicuri Martina, Brunetti Federica, Saettini Francesco, Marra Chiara*

#### 13.20 – 14.00 | Light Lunch

## 14.00 – 15.30 | CONVPP SESSION: POST-TRAUMA CPP

**Moderators:** C. Rivat, O. Porta

|       |                                                                                                                 |                    |
|-------|-----------------------------------------------------------------------------------------------------------------|--------------------|
| 14.00 | Traumas and nociplastic pain in CPP: neurobiological aspects of the induced sensitization                       | C. Rivat           |
| 14.20 | Sexual Abuses, PTSD and CPP                                                                                     | M. Cid             |
| 14.35 | Multidisciplinary approach of the post-trauma CPP                                                               | L. Van Der Hoeden  |
| 14.50 | Bladder dysfunction and sexual assault. CPP and PTSD assessment and treatment for pelvic floor Physiotherapists | A.F. Planté        |
| 15.05 | How to detect and manage the trauma in CPP patient                                                              | A. Masselin-Dubois |
| 15.20 | Discussion                                                                                                      |                    |

## 15.30-16.00 | Sponsored Session – NON CME

See page 8 for details

## 16.00-16.20 | Keynote Lecture

Small bladder capacity: a new phenotyping in IC/BPS?

G. Badlani

## 16.20 – 16.45 | Coffee Break

## 16.45 – 18.45 | ESSIC SESSION Treatments

**Moderators:** S. Malde, Y. Akiyama

|       |                                        |                |
|-------|----------------------------------------|----------------|
| 16.45 | New immunological approaches           | T. Theoharides |
| 17.00 | Fybromyalgia: the best approach        | R. Casale      |
| 17.15 | Bladder instillation: what's new?      | M. Samarinas   |
| 17.30 | New concepts of drug delivery          | M. Chancellor  |
| 17.45 | Complementary alternative management   | K. Whitmore    |
| 18.00 | The Role of Physiotherapy              | J. Fariello    |
| 18.15 | IC/BPS and Sexual Disorders Management | A. Padoa       |
| 18.30 | Discussion                             |                |

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Saturday, October 25th

## 08.00 – 08.45 | ESSIC AGM

## 08.45 - 10.00 | JOINT SESSION: NEUROMODULATION IN CPP | ECM

**Moderators:** J. de Andres, A. Giammò

|       |                                                                                                  |                 |
|-------|--------------------------------------------------------------------------------------------------|-----------------|
| 08.45 | Pudendal Neuropathic Pain, How to Treat: Peripheral Nerve vs DRG or spinal cord neurostimulation | J. de Andres    |
| 09.00 | Neuromodulation vs intra-theal programmable Pump in neuropathic chronic pelvic pain              | A. Balossier    |
| 09.15 | Neuromodulation in BPS/IC                                                                        | B. P. Fernandez |
| 09.30 | Tibial Nerve Stimulation                                                                         | E. Finazzi Agrò |
| 09.45 | Discussion                                                                                       |                 |

## 10.00-10.30 | Abstract Session 3

**Moderators:** K. Nyangoh, M. Samarinas

- 13 Clinical and Comorbidity Profiles of Female Patients with Chronic Pelvic Pain: A Retrospective Single-Center Cohort Study  
*Nomovir Timur, Plekhanova Olga, Karasev Alexander, Kazakov Nikita, Zaitcev Andrew, Faradzhullaeva Valerie, Kasyan George, Pushkar Dmitry*
- 14 Chronic Urinary Frequency and Nocturia Revealing Hunner Lesion Disease: A Diagnostic Challenge  
*Kolvatzis Merkourios, Kolioulis Ioannis, Samarinas Michael*
- 15 Clinical Profile, Symptom Structure, and Comorbidity in Male Patients with Chronic Pelvic Pain: Single-Center Experience  
*Nomovir Timur, Plekhanova Olga, Faradzhullaeva Valerie, Zaitcev Andrew, Kasyan George, Pushkar Dmitry*

## 10.30-11.00 | Coffee Break



## 11.00-12.15 | SURGERY IN CPP – VIDEOS

**Moderators:** N. Lemos, E. Baurtrant

|       |                                                |              |
|-------|------------------------------------------------|--------------|
| 11.00 | Cystoscopy & AI                                | T. Ueda      |
| 11.15 | Laparoscopic management of Pelvic Pain         | N. Lemos     |
| 11.30 | Management of PNE with transgluteal neurolysis | S. Ploteau   |
| 11.45 | Management of PNE with laparoscopic neurolysis | E. Baurtrant |
| 12.00 | Discussion                                     |              |

## 12.15-12.35 | Keynote Lecture

|       |                                                               |           |
|-------|---------------------------------------------------------------|-----------|
| 12.15 | Cryo-Neurolysis & Pulsed Radiofrequency in Pudendal Neuralgia | A. Hakime |
|-------|---------------------------------------------------------------|-----------|

## 12.35 – 14.00 | ESSIC & CONV PP Meet the Patients – NON CME

**Moderators:** L. Nasta, A. Levesque, M. Cid

|                                                                                                       |           |
|-------------------------------------------------------------------------------------------------------|-----------|
| The role of pain therapist                                                                            | S. Natoli |
| ERN eUROGEN                                                                                           | M. Battye |
| IC/BPS Pats Advocates:                                                                                |           |
| <i>International Painful Bladder Foundation</i> - Jane Meijlink                                       |           |
| <i>AICI Associazione Italiana Cistite Interstiziale</i> – Loredana Nasta                              |           |
| <i>Associazione Italiana Vulvodinia</i> – Maria Teresa Schettino                                      |           |
| <i>T.O.P.P. - Team Ostetriche Pavimento Pelvico (Team Midwives Pelvic Floor)</i> – Antonella Cavaleri |           |
| <i>Associazione Italiana Endometriosi</i>                                                             |           |
| CPP Pats advocates:                                                                                   |           |
| <i>AINP Association d'information sur la Névralgie Pudendale</i> – Anne Le Nir                        |           |
| <i>ADOPEC Asociación de dolor pélvico crónico en España</i> - Noelia Dorado                           |           |

**Great Debate:** Is it time for an international registry of patients with IC/BPS or pudendal neuropathy?

*M. Cervigni, E. Baurtrant, R. Moldwin, A. Levesque, G. Badlani, M. Battye*

## 14.00 -14.15 | Closing Ceremony & Abstract Awards

### FACULTY

|                     |                           |                       |
|---------------------|---------------------------|-----------------------|
| Yoshiyuki Akiyama   | Antoine Hakime            | Anna Padoa            |
| Rui Almeida Pinto   | Dick Janssen              | Antonio Pastore       |
| Gopal Badlani       | François Jedryka          | Anne Florence Planté  |
| Anne Balossier      | Henry Lai                 | Stéphane Ploteau      |
| Michelle Battye     | Kosta Lako                | Lara Quintas          |
| Eric Baurtrant      | Nucelio Lemos             | Oriol Porta Roda      |
| Marc Beer Gabel     | Amelie Levesque           | Philippe Richebé      |
| Antonio Carbone     | Vincenzo Li Marzi         | Claus Riedl           |
| Roberto Casale      | Sachin Malde              | Cyril Rivat           |
| Mauro Cervigni      | Anne Masselin-Dubois      | Michael Samarinas     |
| Marie Cid           | Jane Meijlink             | Theoharis Theoharides |
| José de Andres      | Nagendra Mishra           | Tufan Tarcan          |
| Cosimo De Nunzio    | Robert Moldwin            | Tomohiro Ueda         |
| Giulio Del Popolo   | Loredana Nasta            | Laura Van Der Hoeden  |
| Jennifer Fariello   | Silvia Natoli             | Kristene Whitmore     |
| Enrico Finazzi Agrò | Krystel Nyangoh           | Jean Jacques Wyndaele |
| Alessandro Giammò   | Barbara Padilla-Fernandez |                       |

## GENERAL INFORMATION

### UEMS EACCME ACCREDITATION

The ESSIC - CONVPP 2025 Joint Meeting, Milan, Italy 23/10/2025 - 25/10/2025, has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **18.0** European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

### ITALIAN CME ACCREDITATION | ECM

Italian CME Code: **461037** - Credits awarded: **5** - Educational hours: 5

The Meeting has been accredited for 100 participants by the Italian Health Ministry. CME credits are available for specialists in Urology, Gynecology and Obstetrics, General Surgery, Neurology, Internal Medicine, Gastroenterology, Radiodiagnostics, Anesthesiology; Nurses, Midwives, Physiotherapists. To obtain Italian CME credits valid for the Italian Health Ministry, participants need to attend 90% of scientific sessions, having their attendance verified (having personal badges scanned) and pass the evaluation test after the event (75% of correct answers is the minimum passing score). Please note that there is only one attempt available to complete the test.

### CONGRESS VENUE

#### Hotel dei Cavalieri | Piazza Giuseppe Missori, 1, 20123 Milano MI

Hotel dei Cavalieri Milano Duomo is conveniently located in Piazza Giuseppe Missori, 1, just 200 meters from Piazza Duomo. The hotel is easily accessible via public transport, with the Missori metro station (M3 line) and the 12, 15, 16, 24 trams nearby. Linate Airport is connected to Milan city centre by the M4 underground line. From Linate Airport take the M4 line and get off at the Sforza Policlinico stop. The hotel is about 5 minutes' walk from Sforza Policlinico. Taxis are readily available from the Linate airport or Milan Central station, with an estimated travel time of 25 minutes. The distance from Malpensa Airport is of about 50 minutes by car and 1h 10 minutes by train shuttle.



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### ABSTRACTS OF THE EVENT

All abstracts submitted from 15th May 2025 to 30th June 2025, through the On-line Abstract Submission System will be published in the Official Online ESSIC-CONVPP 2025 Abstract Book thank to an unrestricted contribution by ALGONOT.

### REGISTRATION

Online registration will be available from April 30<sup>th</sup> 2025 at <https://www.essicmeeting.eu/> to October 15<sup>th</sup>. After this date, registration will still be possible during the event, until reaching the maximum number of participants.

### REGISTRATION FEES

|                                            | Members  | Non-Members |
|--------------------------------------------|----------|-------------|
| <i>MD, MhD</i>                             | € 380,00 | € 450,00    |
| <i>Nurses, Midwives &amp; Care Workers</i> | € 250,00 | € 300,00    |
| <i>Students, Residents, Patients</i>       | € 120,00 | € 180,00    |

\*Registration Fee is meant for each person, in Euros, VAT free. The registration fee includes the certificate of attendance, coffee breaks and lunch. Lunch is not provided on Thursday and Saturday. For group registrations, please contact the Organizing Secretariat in order to take advantage of registration packages. Please note that seating is limited and will be on a first-come, first-served basis.

**Workshop rates:** €50,00 for members, €80,00 for non-Members.

The above registration fees are reserved to physicians, patients and other healthcare professionals. Industry representatives, non-sponsoring the Congress but willing to attend, are kindly invited to register online by selecting the dedicated fee €800,00.

On site rates will be charged to registrations received after 31 Aug. Registration fees are 50% refundable of the total amount before 31st July. After 31st July 2025, no refund will be possible.

## Sponsored Session (Non-CME)

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Friday, October 24th



### 15.30 – 16.00 EPITECH Symposium

Title: Neuroinflammation: the link between Male Pelvic Pain and Mood Disorders

Speaker: Enrico Ammirati

## Sponsors & Exhibitors

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## Organising Secretariat and CME Provider



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