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It is our great pleasure to invite you to the International Society for the Study of Interstitial Cystitis/Bladder Pain Syndrome (ESSIC) meeting, which will be held in the vibrant Greenwich Village of New York City, from July 6-8th. Greenwich Village is a renowned cultural hub, with a long history of creativity and innovation. Our ESSIC meeting is expected to be an exciting and informative event, bringing together a distinguished faculty of international researchers and leaders in the field of pelvic pain, as well as representatives from patient support groups. Attendees can expect to learn about the latest developments and research findings in interstitial cystitis/bladder pain syndrome, and engage in discussions with fellow experts in the field.

Please note that seating at this event is limited and will be on a first-come, first-served basis. We strongly recommend registering as soon as possible to secure your place and avoid disappointment.

We look forward to welcoming you to the ESSIC meeting in Greenwich Village, New York City.

FACULTY

Anne Lenore Ackerman, USA
Yoshiyuki Akiyama, Japan
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Mauro Cervigni, Italy
Robert J. Evans, USA
Jennifer Fariello-Moldwin, USA
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Michael Dimitrios Samarinas, Greece
Laura Santurri, USA
Joel Stern, USA
Kazumasa Torimoto, Japan
Kristene Whitmore, USA
Jean Jacques Wyndaele, Belgium
Naoki Yoshimura, USA

GENERAL INFORMATION

VENUE

Lenox Health Greenwich Village. Conference Centre – 6th floor
200 West 13th Street. New York, NY

How to reach Lenox Health Greenwich Village.

-Subway

Take the 1, 2 or 3 trains to 14th Street/Seventh Avenue, the F or M trains to 14th Street/Sixth Avenue or the L train to Sixth Avenue/14th Street.

-Bus

Take the M20 downtown or M7 downtown bus to West 14th Street/Seventh Avenue or the M20 uptown bus to West 14th Street/Eighth Avenue. You can also take the M14A/M14D crosstown bus to the West 14th Street/Seventh Avenue stop.



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ESSIC 2023
NEW YORK
6-8 JUL

**The many faces of Bladder Pain:
Implication for a better management**

Lenox Health Greenwich Village

Robert Moldwin

ESSIC 2023 Meeting Chair & ESSIC Vice-President

Mauro Cervigni

ESSIC President

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FINAL PROGRAMME



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Day 1 | Thursday, July 6 2023

12:00 Registration Opens
 1:00 PM Welcome and Introduction. The History and Future of ESSIC M. Cervigni, R. Moldwin

SESSION 1 How do we define what we treat? Nomenclature, Taxonomy, Medical Coding

Moderator: Philip Hanno, Kazumasa Torimoto

1:15 PM IC/BPS Guidelines Around the World...Will We Ever Agree? P. Hanno
 1:30 PM Hunner Lesions: Should We Classify as a Rare Disease? C. Riedl
 1:45 PM ICD-11 Primary Bladder Pain Syndrome: Time for a Name Change? J. Fariello Moldwin
 2:00 PM ERN eUrogen Progress M. Cervigni
 2:15 PM Q&A / Round Table P. Hanno, C. Riedl, M. Cervigni
 2:30 PM Coffee Break

SESSION 2 Widespread and Local Pathophysiology

Moderators: Lori Birder, Dick Janssen

2:45 PM Free radicals: A role in IC/BPS Pathophysiology? L. Birder
 3:00 PM Widespreadness of Pain in the IC/BPS Patient JJ Wyndaele
 3:30 PM Growth factor-mediated peripheral mechanisms in IC/BPS and CP/CPPS N. Yoshimura
 3:45 PM Hunner lesion interstitial cystitis and other chronic cystitis: Similarities and differences in genomic pathology Y. Akiyama
 4:00 PM Cellular Events within the Hunner lesion J. Stern
 4:15 PM Biomarker Update K. Torimoto
 4:30 PM Q&A / Round Table
 L. Birder, N. Yoshimura, Y. Akiyama, J. Stern, K. Torimoto

Abstracts Session I: Oral /Podium Presentations

Moderators: Michel Pontari, Claus Riedl

4:45 PM **1** Long-Term Effect of Intratriganal Botulinum Toxin in Patients with Bladder Pain Syndrome/Interstitial Cystitis. *Abreu-Mendes Pedro, Dinis Paulo, Botelho Francisco, Cruz Francisco, Pinto Rui*
 4:53 PM **2** Intravesical Tacrolimus in Interstitial Cystitis/Bladder Pain Syndrome: 10 year experience. *Mishra Nagendra Nath, Gaikwad Toral*
 5:01 PM **3** The Learning to THRIVE Program: A behavioral intervention for people with IC/BPS. *Santurri Laura, Hetzler Renee, Buffington Tony*
 5:09 PM **4** Double-blind, placebo-controlled clinical trial evaluating efficacy and safety of the Aloe Vera in treatment of Interstitial Cystitis/Bladder Pain Syndrome (IC/BPS). *Cervigni Mauro, Schiavi Michele Carlo, Martoccia Alessia, Fuschi Andrea, Nasta Loredana*
 5:17 PM **5** MicrogenDxNGS urine test may provide added benefit for the diagnosis and treatment of UTI in interstitial cystitis/bladder pain syndrome patients experiencing a symptom flare. *Evans Robert J., Whitman Wyatt, Gordon Alex, Sandberg Maxwell, Badlani Gopal, Matthews Catherine, Walker Stephen*
 5:25 PM **6** Interim research results of postoperative follow-up patients with ulcerative interstitial cystitis. *Karasev Alexander, Markova Olga, Kasyan George*
 5:33 PM **7** Intravesical use of bacteriophage in patients with BPS complicated by UTIs. *Alexander Karasev, Andrew Zaitsev, Dmitry Pushkar, Fedor Zurabov, Alexander Zurabov, Gurkova Marina, Oksana Arefieva, Dmitry Lysachev*
 5:41 PM **8** Pathophysiology, Clinical Presentation and Management of Ketamine Induced Cystitis. *Kuo Hann-Chorng, Jhang Jia-Fong*
 5:50 PM Closing Remarks R. Moldwin



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Day 2 | Friday, July 7, 2023

7:50 AM Morning Welcome R. Moldwin

SESSION 3 Diagnostic Dilemmas

Moderators: Gustavo Luis Garrido, Mauro Cervigni

8:00 AM Welcome and Recap of previous day's events
 8:15 AM Is it IC/BPS, CP-CPPS, or Both? M. Pontari
 8:30 AM Co-morbid conditions in the IC/BPS patient: Detection and clinical significance J. Quaghebeur
 8:45 AM Office Cystoscopy versus bladder hydrodistention: pros and cons for patient management R. Evans
 9:00 AM The patient with the positive urine NGS report: What's a clinician to do? A.L. Ackerman
 9:15 AM Three-step approach for proper diagnosis of bladder-centric IC using the artificial intelligence (AI) navigation for Hunner IC (AINAFHIC) system N. Yoshimura
 9:30 AM Q&A / Round Table
 M. Pontari, J. Quaghebeur, R. Evans, A.L. Ackerman, N. Yoshimura
 9:45 AM Coffee Break

SESSION 4 Diagnostic Dilemmas

Moderator: Mauro Cervigni, Sachin Malde

10:00 AM Dysuria: Evaluation and Clinical Significance A. L. Ackerman
 10:30 AM A Standardized method to Identify Pelvic Myofascial Pain H. Lai
 10:45 AM Imaging for the evaluation of Pelvic Pain: Indications and Options G. L. Garrido
 11:00 AM I thought that it was IC/BPS. It turned out to be something else. If only I had... M. Cervigni
 11:15 AM Q&A / Round Table
 A.L. Ackerman, H. Lai, G.L. Garrido, M. Cervigni

Abstracts Session II: Oral /Podium Presentations

Moderators: Dick Janssen, Michael Dimitrios Samarinas

12:00 PM **9** Survey Study of BPS/IC in The Netherlands: Demographics, Impact on Quality of Life and Treatment Modalities. *Van Ginkel Charlotte, Baars Cléo, Heesakkers John, Martens Frank, Janssen Dick*
 12:08 PM **10** The Burden of Urinary tract infections in Bladder pain syndrome on Patients and the Healthcare System. *Baars Cléo, van Ginkel Charlotte, Heesakkers John, Martens Frank, Janssen Dick*
 12:16 PM **11** Coexistence of EBV persistence and reactivation in the bladders of interstitial cystitis/bladder pain syndrome with Hunner lesion and the clinical efficacy of valacyclovir treatment. *Jhang Jia-Fong, Kuo Hann-Chorng*
 12:24 PM **12** Dysregulated Apoptosis is a Feature of the Low Bladder Capacity Interstitial Cystitis/Bladder Pain Syndrome Phenotype. *Sandberg Max, Whitman Wyatt, Matthews Catherine, Badlani Gopal, Evans Robert, Walker Stephen J.*
 12:32 PM **13** In vitro: The role of Hyaluronic acid in the urothelial barrier. *Baars Cléo, van Ginkel Charlotte, Heesakkers John, Martens Frank, Janssen Dick*
 12:40 PM **14** Quality of Life Analysis in Bladder Pain Syndrome/Interstitial Cystitis: implications for a multimodal integrated treatment. *Porru Daniele, Anselmo Daniela, Amanda Magliano, Serena Scalmati, Annalisa De Silvestri, Naspro Richard*
 12:48 PM **15** Comorbid conditions in BPS/IC: prevalence and clinical significance. *Quaghebeur Jorgen*
 1.00 PM Lunch / Exhibit



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SESSION 5

Treatment Strategies

Moderators: Robert Moldwin, Kristene Whitmore

1:45 PM Phenotype-Based Care of the BPS/IC Patient H. Lai
 2:00 PM Cognitive Behavioral Therapy: It's Role for the Pelvic Pain Patient H. Poupore-King
 2:15 PM Diet and IC/BPS: Evidence Based Approaches to Management R. Moldwin
 2:30 PM The Role of Centrally Acting Medications for CPP S. Malde
 2:45 PM Ophthalmologic Changes associated with pentosan-polysulfate: Cause and Effect? How much Concern? M. Samarinas
 3:00 PM Compounded Topical Therapies for Pelvic Pain K. Whitmore
 3:15 PM Immunomodulation for the IC/BPS Patient: Current and Future Roles for the Treatment of IC/BPS M. Samarinas
 3:30 PM Q&A/ Round table

Day 3 | Saturday, July 8, 2023

7:50 AM Morning Welcome R. Moldwin

SESSION 6

Treatment Strategies

Moderators: Mauro Cervigni, Michael Dimitrios Samarinas

8:00 AM Lecture: Targets for Future Therapies L. Rodriguez
 8:30 AM Current Clinical Trials for IC/BPS D. Janssen
 8:45 AM The Failure of Clinical Trials for Bladder Pain: What Course Corrections are Needed? H. Lai
 9:00 AM Current Treatment Strategies for High - Tone pelvic floor muscle dysfunction J.F Jhang
 9:15 AM Q&A / Round Table
 9:30 AM Coffee Break/Exhibits

SESSION 7

Treatment Strategies

Moderators: Gustavo Garrido, Robert J. Evans

10:00 AM Nerve blocks/ablation/ligation for Pelvic Pain A. Herati
 10:15 AM Botulinum toxin A injections for the IC/BPS patient: Best Practice Strategies R. Pinto
 10:30 AM Update on Neuromodulation for CPP: From Periphery to Brain JJ. Wyndaele
 10:45 AM Surgical Approaches for the "End Stage Bladder" N. Mishra
 11:00 AM Q&A / Round Table

SESSION 8

Patient Groups

Moderators: Claus Riedl, Mauro Cervigni

11:15 AM Global Concerns of Patient Support Organizations L. Nasta
 11:30 AM Engagement of Patients in Support Organizations: How can we do better? L. Santurri/C. King
 11:45 AM The Role of Patient Support Groups in Research J. Meijlink
 12:00 PM Discussion

SESSION 9

Diagnostic Dilemmas: Case Presentations

Moderators: Mauro Cervigni, Robert Moldwin

12:15 PM Cases 1 - 2
 12:45 PM Concluding Remarks/ Adjournment