



ESSIC
INTERNATIONAL SOCIETY
FOR THE STUDY OF BPS



CONVERGENCES PP
CONVERGENCES IN PELVIPERINEAL PAIN
CONVERGENCES EN DOULEUR PELVI PÉRINÉALE
CONVERGENCES NEL DOLORE PELVICO PERINEALE

ESSIC-CONVPP

JOINT MEETING

23-25 OCT 2025

MEETING CHAIRS:
MAURO CERVIGNI , ERIC BAUTRANT

MILAN ITALY



MEETING CHAIRS

Mauro Cervigni (ESSIC President)

Eric Bautrant (Convergences PP President)

Thursday October 23rd

10.30 – 11.30 | Registration

11.30 – 11.40 | Introduction

11.40 – 13.40 | JOINT SESSION: PELVIC VISCERAL PAIN AND SENSITIZATION

- 11.40 From rectal dysfunction to rectal chronic pain
- 11.55 From Bladder Pain Syndrome to central sensitization
- 12.10 From dysmenorrhea to uterine dysfunction and sensitization
- 12.25 From Pelvic Sensitization to the Convergences PP score
- 12.40 Centralized versus peripheral sources of pain
- 12.55 Discussion

13.50 – 13.50 | Break

13.50 – 14.50 | ESSIC SESSION

- 13.50 The gene expression in IC/BPS & CPP: where are we at
- 14.05 Urethral pain in IC/BPS: two sides of the same coin?
- 14.20 Why don't more men have IC/BPS
- 14.35 Discussion

14.50 – 15.50 | Abstract Session 1

15.50 – 16.10 | Coffee Break

16.10 – 17.10 | CONV PP SESSION: CHRONIC POST-OP PAIN

- 16.10 Surgery-induced pain sensitization: Mechanisms, research findings and clinical applications
- 16.25 How to select patients at risk of Chronic Post-op Pain Syndrome
- 16.40 Prevention and Treatment of the Chronic Post-op Pain Syndrome
- 16.55 Chronic post-op pain after prolapse and incontinence surgeries: results of the Vigimesh Survey
- 17.10 Discussion

17.25 – 17.55 | Keynote Lecture 1 - UTI in IC/BPS

17.55 – 17.25 | Keynote Lecture 2 – Regenerative Medicine

Friday, October 24th

08.30 – 11.00 | ESSIC WORKSHOPS

- 08.30 WS 1: Cysto-hydrodistension: how I do it
- 10.00 WS 2: Guidelines in BPS

08.30 – 11.00 | CONVPP WORKSHOP

- 08.30 WS 1: Pudendal Neuropathy Surgery
- 10.00 WS 2: Trauma

11.00 - 11.20 | Coffee Break

11.20 – 12.50 | JOINT SESSION: BOTULINUM TOXIN

- 11.20 Pain and Botulinum Toxin
- 11.35 Indications of Botulinum Toxin injections in Chronic Pelvic Pain and Endometriosis
- 11.50 Botulinum toxin injection in urethral hypertonia and Fowler syndrome
- 12.05 Botulinum toxin injection in Urethral pain IC/BPS
- 12.20 Botulinum toxin injection in hypertronic pelvic floor
- 12.35 Botulinum toxin injection in IC/BPS

12.50 – 13.20 | Abstract Gold

13.20 – 14.10 | Light Lunch

14.10 – 16.10 | CONVPP SESSION: POST-TRAUMA CPP

- 14.10 Traumas and nociplastic pain in CPP: neurobiological aspects of the induced sensitization
- 14.30 Multidisciplinary approach of the post-trauma CPP
- 14.50 Sexual Abuses, PTSD and CPP
- 15.10 How to detect and manage the trauma in CPP patient
- 15.30 Sexual abuse & IC/BPS
- 15.50 Discussion

16.10 – 16.30 | Coffee Break

16.30 – 18.30 | ESSIC SESSION Treatments

- 16.30 New immunological approaches
- 16.45 Ketamine abuse and bladder
- 17.00 Bladder instillation: what's new?
- 17.15 New concepts of drug delivery
- 17.30 Complementary alternative management
- 17.45 The Role of Physiotherapy
- 18.00 IC/BPS and sexual disorders management
- 18.15 Discussion

18.10 – 19.10 | CONV PP AGM

Saturday, October 25th

08.00 – 09.00 | ESSIC AGM

09.00 – 11.00 | JOINT SESSION: NEUROMODULATION IN CPP

- 09.00 Pudendal Neuropathic pain, how to treat: peripheral nerve vs DRG or spinal cord neurostimulation
- 09.15 Peri-neural vs intra-thecal programmable Pump in neuropathic chronic pelvic pain
- 09.30 Neuromodulation in BPS/IC
- 09.45 PGAD and neuromodulation
- 10.00 Extracorporeal Shock wave
- 10.15 Clinical Trial of Magnet Therapy
- 10.30 Cutaneous electroanalgesia
- 10.45 Discussion

11.00 – 11.30 | Coffee Break

11.30 – 13.30 | ESSIC & CONV PP Meet the Patients

13.30 – 13.40 | Closing Ceremony & Abstract Awards


GENERAL INFORMATION

VENUE

Piazza Giuseppe Missori, 1, 20123 Milano MI

How to reach Hotel dei Cavalieri:

Hotel dei Cavalieri Milano Duomo is conveniently located in Piazza Giuseppe Missori, 1, just 200 meters from Piazza Duomo. The hotel is easily accessible via public transport, with the Missori metro station (M3 line) and the 12, 15, 16, 24 trams nearby. Taxis are readily available from the Linate airport or Milan Central



station, with an estimated travel time of 25 minutes. The distance from Malpensa Airport is of about 50 minutes by car and 1h 10 minutes by train shuttle.

REGISTRATION

Online registration will be available from April 30th 2025 at <https://www.essicmeeting.eu/> to October 15th. After this date, registration will still be possible during the event, until reaching the maximum number of participants.

REGISTRATION FEES

	Until 15 th June	After 15 th June
<i>MD, MhD – Non Members</i>	€ 350,00	€ 400,00
<i>MD, MhD – Members</i>	€ 280,00	€ 330,00
<i>Nurse & Care Workers – Non Members</i>	€170,00	€220,00
<i>Nurse & Care Workers - Members</i>	€ 150,00	€ 200,00
<i>Students, Residents, Patients</i>	€ 80,00	€ 80,00

Registration Fee is meant for each person, in Euros, VAT free. The registration fee includes certificate of attendance, coffee breaks and lunch, free entrance to the exhibition area. On site rates will be charged to registrations received after June 15th.

HOTEL

For hotel reservations participants can contact the Meeting Venue, Hotel dei Cavalieri, directly at <https://www.hoteldeicavalieri.com/>